



NEWS



In the news...

Annual Meeting

Thanks to everyone for battling the cold windy night in order to attend the first official annual club meeting on November 13th at city hall. The meeting was a great success and everyone had a good time.

Thanks to all of the board members for updating us on what's happened and what to look forward to in the future.

Devony Lehner shared slides from the endurance ride in Nikolaevsk this past summer. That is a good one to watch for next year!

Shirley Schollenberg shared slides of a packing trip at Tustumena, showing scenic pictures and the details on where to ride, camp and hunt.

We were also treated with live music, refreshments, and a great movie about helmet safety.

Thank you all!

Riding Arena

Cottonwood Horse Park is anxiously awaiting a few truckloads of sand for the arena. "As soon as all of the sand is delivered, the arena can be used," says Marian Beck. It may still happen this season.

Fund Raising

"Investors"

Marian Beck shares that several investors have given a written promise to fund KBEA once they see other large donations given to the non-profit organization in order to see other generated interest. A color brochure and website are currently being designed to facilitate fund raising efforts.

"Flicka"

We had a fundraiser at the Homer Family Theatre. \$331.00 was raised for the Association. Thanks to everyone who went to the movie "Flicka" and made it a success. Be sure to thank Colleen for her generous donation, giving part of her proceeds for the movie to us.

Here is a note she gave to us with the money:

What a great turnout! There were 77 adults and 52 Seniors/Children. So, 77 X \$3.00 = \$231.00. We wish your new organization well and sure hope it will grow and prosper in Homer given all the horse folk in the area.

*Best Regards,
Colleen Carroll, Homer Theatre*

The other \$100 was earned in the Donation Boots!!

"How do I donate?"

Total needed: \$200,000.00
Raised so far: 23,287.50
Total still needed: \$176,712.50

Memberships

This is your last reminder to renew your KBEA membership for the new year. All memberships expire at the end of December, so in order to keep your membership and receive the newsletter, please complete the enclosed form and mail it today! We now have 78 members!!

New Members to be added to address, phone and email books:



#52 Mildred (Milli) Martin
PO Box 2652 Homer AK 99603
235-6652 millimom@xyz.net

#53 Rhonda Bradshaw
4241 Homer Spit Rd Homer AK
99603 235-3429
rbradshaw@acsalaska.net

#54 Sunrise Sjoeberg
4670 Tamara St Homer AK
99603 235-7326
ishuak@alaska.net

#55 Nina Faust
PO Box 2994 Homer AK
99603 235-6262

Corrections to email addresses:

Allegra Bvkojemsky s/b
allegra@dnadesignstudio.com

Sally Keene s/b
bkeen@xyz.net

Tim Quinn s/b
ishuak@alaska.net

Carrie Reed s/b
cer1119@hotmail.com

Information please...

New Veterinarian

Homer Welcomes Large Animal Vet at Homer Veterinary Clinic.

The Homer area is blessed with the arrival of Dr. Jennifer Bando, a new veterinarian at Homer Veterinary Clinic. She moved here from Sudbry Ontario, where she was most recently practicing as vet for the Standard Bred Racetrack. She arrived with her husband Dan Deschamps four weeks ago and started practicing one week later. Prior to that, Dr. Bando was an Equine vet in Northern Ontario for five years. She graduated from the Ontario School of Veterinarian Medicine in Guelph, Ontario.

Dr. Bando instantly fell in love with Homer. She and her husband were looking for a change and were attracted to the beauty of Homer and the outdoor activities the area has to offer such as hiking, canoeing and cross country skiing.

Dr. Bando says the practice is going very well. She has already been able to help out in emergency situations. She makes emergency barn calls. She really sees a need for preventive health care and feels vaccinations are very important for horses and other large animals. She currently has the ability to float teeth, treat colic, lameness and basic emergencies. She is also considering the purchase of a portable x-ray machine. She says this piece of equipment is very costly, but is willing to purchase one if there is a demand for it.

Dr. Bando has a very friendly and charming demeanor. She is very professional and instills confidence with her strong

New Vet (cont.)...

knowledge of veterinary medicine. We will all sleep better knowing she is here for those unexpected emergencies, as well as routine visits.

Dr. Bando has generously offered to contribute to KBEA by writing an article for each newsletter, so look for it in the next issue!

The Natural Horse

Did you know kelp is said to be a great supplement for horses? It contains many of the minerals that are most important to horses. Kelp contains calcium, iodine, iron, magnesium, manganese, phosphorus, potassium, selenium, sulfur, zinc, vitamin A, B, B12, C, D, and E.

"The best all-round mineral source for horse owners is kelp. It can either be applied as a soil dressing or can be given in the feed. There are forty-six minerals present in kelp..."

"A Modern Horse Herbal" - Hilary Page Self

Kelp acts as a natural anti-hypothyroid, anti-rheumatic, and antibiotic. Author Hilary Page Self suggests giving a handful (total) of combined herbs when supplementing horses. Also, the taste of kelp is strong, so introduce it gradually. Kelp can be ordered by the bag or purchased in bulk at Kachemak Wholesale. Local kelp can also be harvested and dried by the herbal ambitious.

4-H Horse Project

There is a 4-H club in Homer!

It is called the Jolly Ranchers and now is the time to join for the new year. In addition to other projects, this year there will be a horse project. If there are any kids out there who would like to join the Jolly Ranchers 4-H you are invited to come the next meeting at the Kachemak Community Center on East End Rd. on December 11th at 6:30 pm. If you can't make it to the meeting, but would like to join the horse project you can call Donna @ 226-2256.

If any of you adults out there have a special skill you would like to share with kids in 4-H or need more information, please call Jeanie @ 235-4888. You don't have to be a parent to be a leader and it's fun.

Newsletter Input

We want to make this YOUR newsletter, with information and ideas that **you** are interested in.

We are asking for your input and ideas on how to make it more informative and interesting.

Also, as a member you may advertise your business for free and place classified ads for free in each and every newsletter.

Send info by **email**:

Sabrina: westernak@yahoo.com

Sandy: arndtfarm@gmail.com

(or any Newsletter Committee member & they'll get it to us)

snail mail:

KBEA: PO Box 21, Homer

Sandy: PO Box 1477, Homer

telephone:

Sabrina: 235-5900

Renee: 235-8567

or drop it off:

Renee @ HEA

Board News...

“New Board Members”

The following people were voted in as board members for 2007 at the annual meeting held November 13 at the Homer City Council Chambers:

President: Renee Eidem

Vice Pres: Roberta Highland

Treasurer: Donna Richards

Secretary: **

Members at large:

Shere Baechler

Marian Beck

Cass Crandall

Rhonda Bradshaw

**The Secretary will be announced in the next newsletter after the board meeting in January 2007.

“Mission Statement”

Our mission Statement has been changed as follows:

"To nurture and educate equine enthusiasts, promote conservation of green space and non-motorized trails to enhance the community"

“Ideas for the Future”

Please get your ideas in to a board member before January 1 so they will be able to use them in planning events and activities for the coming year. They want to hear from you so that they can plan things that you will participate in and enjoy.

“Clinics”

If you know someone you would like to have us get for a clinic let us know their name and how to contact them.

“Next Board Meeting”

There will be a board meeting Thursday January 18, 2007 at the Homer Public Library at 5:30

From The Horse's Mouth

by Donna Richards

Those of you who didn't make it to the general membership meeting on November 13th missed a great meeting.

First off, nominations for officers for 2007 were presented, voted upon and approved. Officers for the next year will be: President: Renee Eidem, Vice President: Roberta Highland, Secretary: to be selected from the board, Treasurer: Donna Richards, Board Members: Jeanie Fabich, Marian Beck, Shere Baechler, Cass Crandall and Rhonda Bradshaw.

Committee chairpersons were introduced and each gave a brief talk about their committee.

Dr. Jennifer Bando was introduced to the group. She is a horse/large animal vet and will work out of Homer Veterinary Clinic. Nice to know we finally have a vet in Homer we can call when we need one.

Roberta Highland gave a review of this last year, what has been done on the property and with grant proposals. Sand is now being delivered so we can get the arena ready for use next spring.

We have money! The Jansen Foundation has agreed to give us \$10,000 as soon as we get another matching donation for the same amount. Hooray! We have gotten that matching donation from an anonymous donor! Thank you whoever you are!!!

Devony Lehner and Shirley Schollenberg each gave a slide show presentation, Carrie Reed showed a helmet safety video, and Mossy Kilcher showed a short movie she made at the BBQ that we had at the property this summer. That was a fun day and it didn't rain!

Mossy sang a song and Tim Quinn and Sunrise Sjoeborg also sang for the group.

Some of the members brought pictures of their horse(s) and llamas, and after the meeting people chatted and ate desserts provided by our culinary committee. What a great idea that committee was!

We had a successful fundraiser at the Homer Theatre on November 17th at the Friday night showing of Flicka. We put up a table and had the 'donation boots' out and at the end of the evening we had \$331. \$100 of that was in the boots! Thanks to all of you who went to the movies that night.

Our club has come a long way since that snowy day last spring when a few of us got together and decided to get this club going. We could not have accomplished as much as we have without the help of our members, that's you, **thank you**.

Donna



Riding

The art of keeping a horse between you and the ground!

Trauma Free Worming

by Sandy Arndt

If you have a horse that is a tad difficult to worm here's a technique you might try.

I learned this method when I had Crosswind (my long necked, long legged, **pill** of a horse that knew he was taller than my 5'5 1/2" self). This was especially true when he raised his head **just a smidge** higher than he would normally while looking across the field for moose to snort at – he loved to snort at moose. When we first got him, even my Dad (all 6ft, 230 lbs of him) couldn't hold his head down when he got stubborn. It was a bear to worm him every time until we discovered this gem.

- 1) Put a halter on the horse. Stand on his left side facing him (or right side if you are left handed) with your shoulder even with his nose.
- 2) Hook your left thumb loosely over the side of his halter so your palm faces out from the side of his muzzle. Don't wrap it so tight that your thumb breaks when he tosses his head – just loose enough to support your arm weight. He will eventually quit tossing his head and will stand still. (Crosswind took long enough that my arm was tired of being up in the air when he finally submitted)
- 3) Slip your left pinky into the corner of his mouth and sort of hug the inside of his cheek loosely with it. He will probably toss his head some more so stick with it until he quits doing that and will stand quietly with your pinky still in his mouth.
- 4) Next sneak the paste wormer (all ready to squirt) up your left arm - hide the paste with the palm of your left hand as you approach his mouth.
- 5) Stick it into the corner of his mouth where your pinky is.
- 6) Quickly squirt the wormer into the back of his mouth and you're done!

Note: Don't give him anything to eat right after you worm him – the paste will stick to the hay or whatever food and fall back out. (Learned this, again with Crosswind)

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*If you have any stories, articles, recipes, or helpful ideas to share with us for future newsletters, please let us know!*

## Committees:

### Finance / Fundraising:

**Therese Pierce, Chair 235-1846**  
Ardenia, Andrea Ardenia, Michael  
Arndt, Samantha Arndt, Sandy  
Beck, Dave Beck, Marion  
Eidem, Renee Fabich, Jeanie  
Highland, Roberta Mahoney, Daniel  
Mahoney, Adam Mahoney, Jenna  
Mahoney, Lucas Mahoney, Melodie  
Rourke, Shishana Schollenberg, Shirley  
Simpson, Greg Simpson, Kathy

### Culinary:

**Kathy Simpson, Chair 235-5528**  
Beck, Marion Domela, Kristin  
Lea, Sabrina

### Building:

**Tim Quinn, Chair 299-2780**  
Archibald, Robert Eidem, Renee  
Ervice, Elizabeth Farrow, Tamara  
Mahoney, Daniel Mahoney, Melodie  
Rainwater, Chris Rainwater, Shelley  
Simpson, Greg Simpson, Kathy  
Stuiver, Yolande Willis, Skip

### Historian / Marketing / News Letter / Web Site:

**Sabrina Lea, Chair 235-5900**  
Arndt, Sandy Cabana, Amber  
Fabich, Jeanie Kilcher, Mossy  
Lehner, Devony Reed, Carrie  
Rourke, Shishana

### Transportation / Facility Rental / Travel:

**Renee Eidem, Chair 235-8567**  
Arndt, Sandy Cabana, Amber  
Rourke, Shishana Schollenberg, Shirley

### Regulatory / Safety / Risk Reduction:

**Carrie Reed, Chair 299-4047**  
Cass Crandall  
Rourke, Shishana



**It's not too late to volunteer, call 235-8567.**  
Be expecting a call, letter or email soon to meet with your committee.

## "Determined Women"

Parade Magazine

*If it's something you love,  
with all your heart, do it!*

Stacey Swayze, 27, has ridden the big Thoroughbreds in more than 2500 races at tracks in Louisiana, Arkansas and Texas. "Women riders," she says, "are usually better off in the East," but she won't go there because it's too cold. She is 5 feet 1 and weighs 104, and her picture appeared in Playboy last year.

"The men down here have trouble with women racing horses," says Stacey. "I've had a few get very ugly with me."

They can't stand getting beat by a girl. I've started a book about this, and it's going to be pretty juicy. I'm going to step on some toes. I've loved the horses, but I didn't like a lot of the people. Horses and jockeys are disposable in the trainers' eyes."

In the six-month season, Stacey rides three races daily, five days a week. She earns \$40 per race and 10 percent of any winnings. She has had "five pretty bad spills" and went in earlier this month for her third operation on her shoulder, injured when she was run over by a horse in 1994. "I can't do this forever," she says. "I don't want to be a broken-down jockey forced to live in a house trailer." In January, she will start attending Junior college in Victoria, Tex., where she lives on her parents' farm and cares for 18 horses she keeps there.

Her advice to girls who want to race: "If it's something you really want to do, something you love with all your heart, do it. You do things for you, not for somebody else. Just because I'm female doesn't mean I'm limited."

## CLASSIFIED ADS

### ~ Feed for Sale ~

hay \$400/ton  
straw \$14/bale  
oats \$26/100# bag

*Sterling Rose Saddlery*

Please call 235-5900

### ~ Hay for Sale ~

Outside hay delivered to Homer Timothy or Alfalfa  
Double-compressed 60 lb bales ~ \$478 per ton

Get it while there's some left! *Jeanie* 235-4888

### ~ Horse Blankets ~

Will make saddle or winter blankets  
Or repair clean ones.

*Carrie* 299-4047

### ~ Horse for Sale ~

5-year-old 15+ hand Registered Paint Gelding  
*Uno Payday (Norfleet lines)*

90 days professional training

Bred for Western Pleasure

I've only used him for Trail Riding

I participated in a Barry Cox Clinic with him this past June  
He's quiet, loads, great feet, & great ground manners.

\$2,500 OBO *Jeanie* 235-4888

### ~ Horse Trailer for Sale ~

2-horse slant, double walled, aluminum, diamond plating,  
with walk in carpeted dressing room.

Made in Canada ~ Jamco \$15,000

*Carrie* 299-4047

### ~ Pictures wanted ~

I still need some pictures for the KBEA web site! Please email me (or drop off at HEA or snail mail to KBEA) any pictures we could use to jazz up the site. Pictures of you, kids, animals, shots of local color, view shots, etc.. Thanks,

*Jeanie* [jeaniefabich@yahoo.com](mailto:jeaniefabich@yahoo.com)

### ~ Attention Members ~

Members can place a classified ad for free here!  
Selling a horse or a saddle?

Are you boarding horses or  
maybe looking for something special?

You may also submit a business card size ad.

We can design one for you, too.

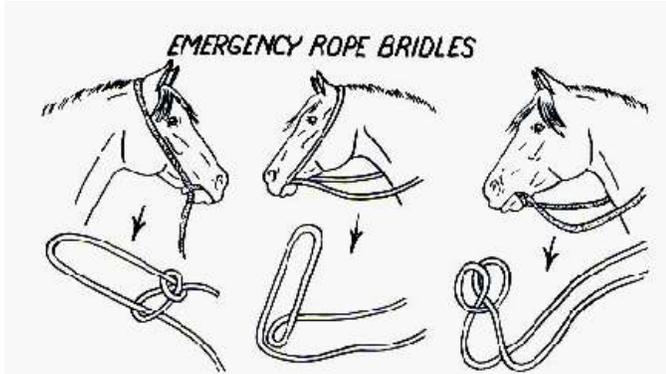
Let us know. If you are interested, please contact

*Sabrina Lea* at 235-5900

*Sandy Arndt* [amdtfarm@gmail.com](mailto:amdtfarm@gmail.com)

## Tying an Emergency Rope Bridle

You never know when your bridle may break on you when you're out on the trail. It is always best for several reasons to always carry a rope along with you. My bridle broke on me once while I was riding and I had to use my shoestring to piece it back together until I could make it home. Luckily it broke where the shoestring would work. But you may not be as lucky, so always try to be prepared ahead of time before you venture off riding.



### SALAD OF THE DAY



#### **Ingredients:**

- 6 apples, quartered
- 8 carrots, cut in three inch pieces
- 2 cups Quaker oats
- 1 cup sweet feed
- Molasses

#### **Directions:**

Combine all ingredients and fold in enough molasses to make the oatmeal and grain stick to the fruit.

Chill overnight and serve.

**Your horse will love it!**

## *Tribute to The Horse*

*Every year, at the end of the Horse of the Year Show in England, the arena lights darken and a solitary horse enters. A hush falls over the crowd as a single spotlight illuminates the magnificent Horse. Over the loudspeakers the following is heard:*

*Where, in this wide world,  
can man find nobility without pride,  
friendship without envy,  
or beauty without vanity?*

*Here, where grace is laced with muscle,  
and strength by gentleness confined.*

*He serves without servility.  
He has fought without enmity.*

*There is nothing so powerful,  
nothing less violent.*

*There is nothing so quick,  
nothing more patient.*

*England's past has been borne on his back;  
All our history is his industry.*

*We are his heirs,  
He our inheritance.*

*The Horse.*



### **Great Christmas Gift**

*Kachemak Bay Equestrian Association* Jan thru Dec 2007 Membership



Name: \_\_\_\_\_

Telephone: \_\_\_\_\_

Address: \_\_\_\_\_

email: \_\_\_\_\_

Adult membership \_\_\_\_\_ x \$25 = \_\_\_\_\_

Student membership \_\_\_\_\_ x \$10.00 = \_\_\_\_\_

**Mail along with check to:** PO Box 21, Homer, AK 99603 **Questions?** (907) 235-8567